

# Health Department News

Winter 2012

Serving Bloomingdale, Florham Park, Kinnelon, Pequannock, Riverdale

**Flu Shots Still Available:**  
\$15.00 per Flu Shot. Free with Primary Medicare Part B ONLY [No HMO Insurance]  
Our flu clinics have ended, but we still have vaccine available to anyone over the age of 6 months. Please call for an appointment.  
Please note: Flu vaccines are **mandatory** for children attending preschool.

**Gardasil HPV:** Free through the health department.  
Recommended for children age 9-26.



**Zostavax Vaccine:**  
Now available through the Health Department. Recommended for persons age 60 and older to prevent shingles. Cost: \$200 per vaccination.

## Medical Equipment for Loan

The Health Department has a supply of walkers, canes, wheelchairs, shower chairs, elevated toilet seats available for loan to residents. Contact the Public Health Nurses for more information.



## Walk-in Blood Pressure Checks:

Public health nurses schedule monthly blood pressure clinics throughout our area. This service is free to all residents.



## Weight-Loss Challenge!!

Keep an eye out for information about this upcoming program. Lose weight! Lose inches! Win prizes!



## Child Health Conferences:

Immunizations and wellness physicals are available to uninsured/under insured children. Clinics are scheduled bi-monthly. \$10.00 per visit. Appointments are required.

## Free Rabies Clinics:

**Kinnelon Borough, Saturday, Jan 21<sup>st</sup>**  
1:00 pm – 3:00 pm DPW Garage



## Pet Licenses Due

All licenses expire on December 31, 2011. Pet owners must secure a license by January 31<sup>st</sup>\* to avoid a late fee. All pets must have a rabies vaccine valid through October 31, 2012. Please contact your health department for fee details.

**Bloomingdale Borough, Saturday, Feb 11<sup>th</sup>**  
11:00 am – 1:00 pm Senior Center

\*March 1<sup>st</sup> for Kinnelon

## January is Radon Awareness Month!

Radon is invisible, odorless, and long-term exposure has been linked to lung cancer. Testing is easy and inexpensive. For more information, call (800) 648-0394, or visit [www.njradon.org](http://www.njradon.org).

## To Receive Regular Alerts and Updates:

- Go to [www.peqtwp.org](http://www.peqtwp.org)
- From menu on left, click on Online Services and Payments
- Drag cursor to Email alerts and registration (e-Notify)
- Click on Pequannock Health



*For further information or to make appointments (when required) regarding the above programs or other services offered by the Health Department please call 973-835-5700 ext 127.*